

Frequently Asked Questions for programs within Health Promotion Division

Car seat program

1. What services does the car seat program provide?
 - Scheduled appointments for educational classes for families who have questions regarding their child's car seat or who may need a car seat for their child
 - Recall information regarding car seat families are using for their child
 - Car seat for child upon availability of inventory
2. Where is car seat classes provided?
 - Two locations to serve families. Families must call to schedule an appointment:
Apache County Public Health Services District
323 S Mountain Avenue, Springerville AZ 85938 928-333-2415
75 W Cleveland St., St. Johns AZ 85936 928-337-7519
3. What do I need to bring for car seat class?
 - Child must be present to receive car seat.
 - Income eligibility documents (WIC, AHCCCS, Pay stubs).
 - Car seat and/or motor vehicle manual.
 - Car seat child is currently using.
4. What other websites can aid me with car seat questions and answers?
 - www.nhtsa.gov
 - www.safekids.org
 - www.safercar.gov

Battle of the Belt Program

1. What is Battle of the Belts Program?
 - Battle of the Belts program is a competition between high schools to work towards reducing the number of motor-vehicle related injuries and fatalities among high school students by increasing safety belt use and decreasing distracted driving
 - Students involved with leadership groups lead their peers with activities to increase seat belt use and decrease texting while driving
2. How does a high school become involved with Battle of the Belts?
 - Administrators involved with leadership groups may contact the Injury Prevention Coordinator at Apache County Public Health Services District to enroll in program: 928-333-2415.
3. For more information regarding teens and driving:

- https://www.cdc.gov/motorvehiclesafety/teen_drivers/teendrivers_factsheet.html
- <https://www.nhtsa.gov/road-safety/teen-driving>
- <http://www.nsc.org/learn/NSC-Initiatives/Pages/teen-driving.aspx>

Safe Sleep/Cribs for Kids Program

1. What services are provided by the safe sleep/cribs for kids program?

Sudden unexpected infant death (SUID) is a term used to describe the sudden and unexpected death of a baby less than 1 year old. These deaths often happen during sleep or in the baby's sleep area. Safe Sleep/Cribs for Kids program is a collaborative effort between the health district, medical service providers and other home visitation professionals to promote safe sleep practices to decrease sudden unexplained infant death and to provide a safe sleep environment for children under the age of 1.

- Medical service providers, home visitation program staff or other professionals who work with women and children may contact the health district to learn how they can become collaborators of the program: 928-333-2415
- Pack-n-plays are provided to families who need a safe sleeping environment for their child less than one year of age. Families are referred by a medical service provider or other home visitation professional
- Following referral by professional; safe sleep education is provided to families prior to receiving pack-n-play

2. For more information regarding SUIDs:

- <https://www.cdc.gov/SIDS/>
- <https://www.whattoexpect.com/first-year/sids.aspx>